

Remember, if receiving sedation or anesthesia, you must have someone to take you home. You may not drive yourself or travel alone. It is normal to feel a little dizzy or drowsy for several hours after your operation. This is due to bodily adjustments from the effects of the medication you have been given. Therefore, you should stay at home with a responsible adult and should not drive, operate any equipment, sign any important papers, nor participate in any significant activities for about 24 hours after surgery.

WANT TO LEARN MORE?

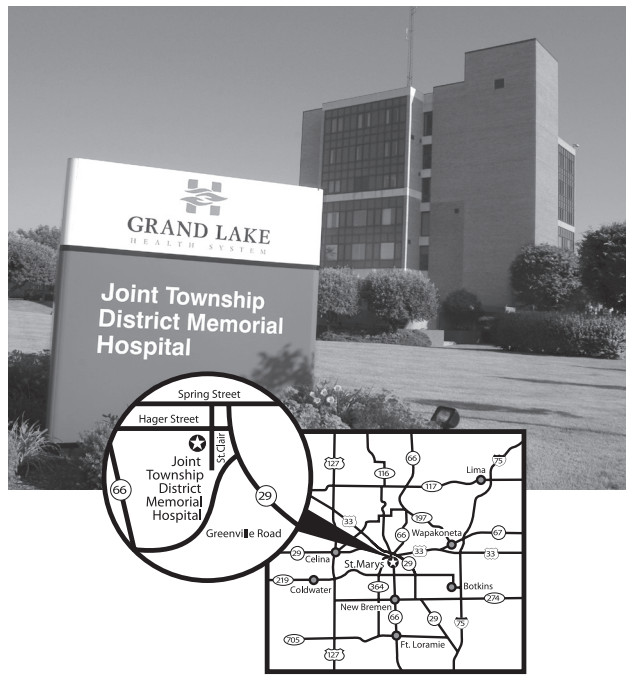
Because admission to the Joint Township Hospital Ambulatory Surgery Unit may only be arranged by a member of our medical staff, you may wish to discuss the nature and degree of severity of your medical condition with your doctor. He or she can best determine if Ambulatory Surgery is right for you.

SURGERY INFORMATION

- Call the day before your procedure for time of procedure and when to arrive.
- Please call on Friday for a Monday procedure.
- Phone: 419-394-3335 or toll free 877-564-6897.
- Ask for **SURGERY** or **extension 2700**.

Be sure to follow any other guidelines your healthcare provider of JTDMH gives you.

Special instructions: _____



OUR MISSION

To optimize the health status of those we serve by providing the highest quality, value and service while remaining financially strong.

For more information contact:



**JOINT TOWNSHIP DISTRICT
MEMORIAL HOSPITAL™**

AN AFFILIATE OF GRAND LAKE HEALTH SYSTEM

200 St. Clair Street
St. Marys, Ohio 45885-2400
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AMBULATORY SURGERY



FOR PATIENTS WHO NEED
SURGICAL PROCEDURES WHICH DO NOT
REQUIRE OVERNIGHT HOSPITALIZATION



**JOINT TOWNSHIP DISTRICT
MEMORIAL HOSPITAL™**

AN AFFILIATE OF GRAND LAKE HEALTH SYSTEM

JOINT TOWNSHIP DISTRICT MEMORIAL HOSPITAL AMBULATORY SURGERY

For patients who need surgical procedures which do not require overnight hospitalization, Joint Township Hospital Ambulatory Surgery Unit offers high quality yet cost-effective medical care.

Some advantages of our Ambulatory Surgery service are:

- **Cost Effectiveness:** Overnight stay is eliminated and laboratory tests are minimal.
- **Pre-registration:** Any necessary lab work or x-rays can be completed ahead of your scheduled surgery day.
- **Recovery:** Your normal level of activity may be altered for only a few days and post-operative care will be minimal. You can recuperate among the familiar surroundings of your own home.

Special Note: *If your surgery involves sedation or anesthesia, it is necessary for someone to accompany you when you enter and leave the hospital. For your own health and safety you will not be permitted to leave the hospital alone. Your surgery will be cancelled if you have not made arrangements for a responsible adult to accompany you home.*

PREPARATION INSTRUCTIONS

1. If your surgery involves sedation or anesthesia, it is important for you to have an empty stomach at the time of your operation to avoid complications. Eat a light meal at dinnertime the night before your surgery. Do not eat or drink anything after midnight before your surgery, not even a cup of coffee or water. You may brush your teeth without swallowing the water.
2. Please refrain from smoking for 12 to 24 hours prior to surgery. Smoking within 12 hours of your procedure may result in the delay or cancellation of the procedure.
3. It is important that you do not shave the area around your incision. Any hair removal will be done by the surgery team.
4. Wear casual, comfortable clothes for your visit with us. You will be given a hospital gown to wear on the unit. For certain surgeries, you may be permitted to wear your underpants. Please bring an extra pair in case they get soiled or damaged during surgery.

5. Do not wear make-up, nail polish, hairspray or perfume.
 6. If you were instructed to take any medications, take them with a few small sips of water.
 7. Please leave jewelry, money, credit cards, and all other valuables at home. We cannot be responsible for these items.
 8. Remember to bring a case for glasses or contact lenses.
 9. If you wear dentures, a partial plate, or any other prosthesis, you may be asked to remove them just prior to surgery. Have a case available.
 10. If Patient is a child – Please bring a favorite toy, blanket or pajamas.
 11. If you are receiving Anesthesia Services:
 - You will be given a time for a phone interview to discuss your health history.
 - Any ordered tests should be done after your phone interview.
 - Decision regarding the choice of anesthesia will be made by you, your surgeon and the anesthesia provider.
- If you are receiving Local or IV sedation (administered by your surgeon):
- Your health history will be discussed when you arrive for your procedure.
12. Be prepared to discuss:
 - *Allergies* to medications, food, and the environment.
 - *Medications* that you are currently taking including prescriptions, inhalers, aspirin, blood thinners, vitamins, herbs, and dietary supplements.
 - *Previous surgeries* and any problems you had.
 13. Call your doctor if you should develop illness such as cold, sore throat, cough, or fever prior to surgery.

ON THE DAY OF YOUR SURGERY

Plan to arrive at Joint Township Hospital 1 to 1-1/2 hours before the scheduled time of your surgery procedures.

Bring your insurance card, current medications, any test results, x-rays, or papers from the doctor's office.

The adult responsible for your transportation home should report with you to the Outpatient Admitting area. During



your surgery, family or friends may be asked to wait in the waiting area. Coffee and snacks are available in our cafeteria and canteen. Your escort will be asked for a cell phone number for communication purposes.

AFTER SURGERY

When your surgery has been completed, you will be closely observed in the Ambulatory Surgery Unit.

You will not see your surgeon after your procedure.

Your family or escort will meet with your surgeon once the procedure is completed. Have a list of questions you wish your family to discuss with your surgeon. Questions not addressed by your family can be asked during your follow-up appointment or by contacting your surgeon.

Please be assured that all members of the medical, nursing, and administrative staff are available to make your stay as comfortable as possible.

When you are ready to go home, you will be given written instructions for your care at home.

Within a few days after your procedure, a nurse will call you to see how you are doing.