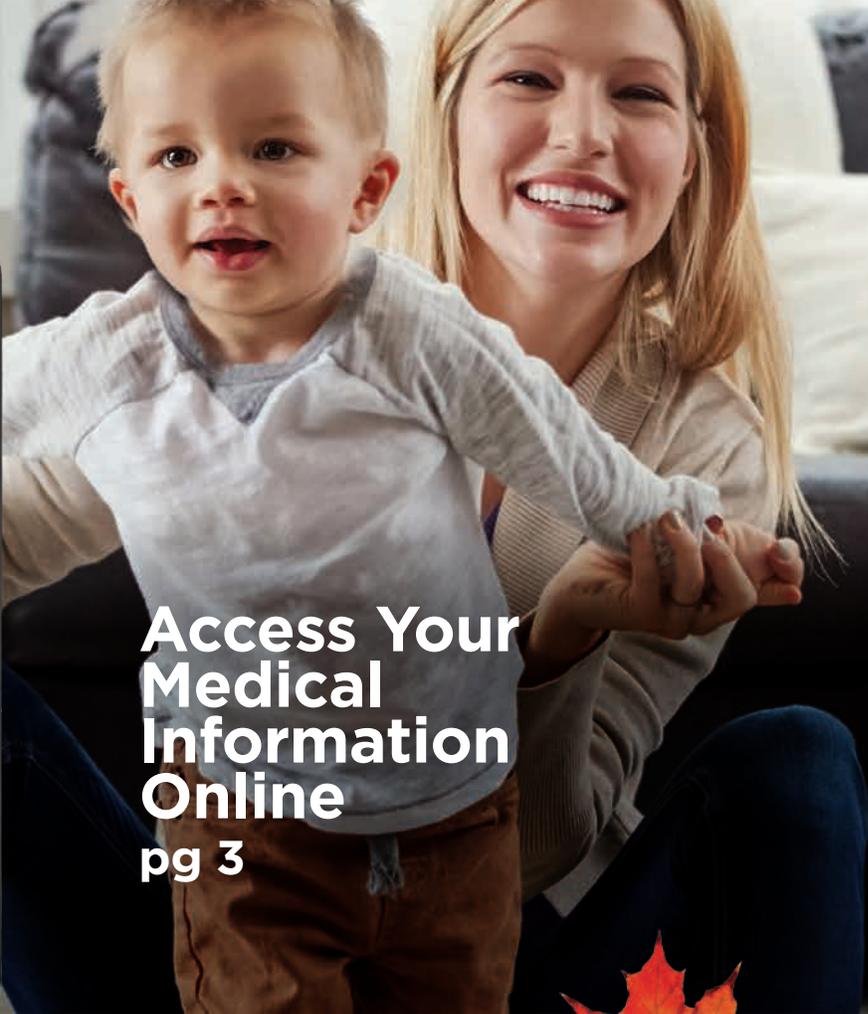




Navigator

FALL | 2018

GRAND LAKE HEALTH SYSTEM NEWS



Access Your
Medical
Information
Online
pg 3



Community CONNECTIONS

VISIT OUR WEBSITE GRANDLAKEHEALTH.ORG FOR MORE GRAND EVENTS.



Senior Supper Hour

DEC 6, 5:00 p.m. - 6:30p.m.
Entertainment by Simply Joseph Otterbein, St. Marys



wellness opportunities & screens

FREE Blood Pressure & Pulse Ox Screenings

YMCA NORTH

NOV 5 | 9:00 a.m. - 11:00 a.m.
DEC 3 | 9:00 a.m. - 11:00 a.m.

YMCA SOUTH

NOV 2 | 9:00 a.m. - 11:00 a.m.
DEC 7 | 9:00 a.m. - 11:00 a.m.

ACCA ST. MARYS

NOV 7 | 9:30 a.m.
DEC 5 | 9:30 a.m.

ACCA WAPAK

NOV 21 | 9:30 a.m.
DEC 19 | 9:30 a.m.

Breast Cancer Awareness Education

OCT 23 | 12:00 p.m. - 2:30 p.m.
Agape Wellness, St. Marys

Wagner's Wellness Program

MINSTER

OCT 9 | 11:00 a.m. - 1:00 p.m.

NB

OCT 9 | 2:00 p.m. - 4:00 p.m.

Diabetes Awareness Education

NOV 27 | 12:00 p.m. - 2:30 p.m.
Agape Wellness, St. Marys

Fall Community Health Fair

NOV 3 | 8:00 a.m. - 11:00 a.m.
Various screenings, lab draws, prescription drug take back
YMCA SOUTH - Minster

Lab Draw Fair

Nov 10 | 7 a.m. - 9:00 a.m.
WAPAK YMCA

support groups

Diabetes Support Group

NOV 12 | 7:00 p.m.
NOV 13 | 10:00 a.m.
GLHS, St. Marys

Stroke Support Group

NOV 19 | 1:00 p.m. - 2:30 p.m.
GLHS, St. Marys

Parkinson's Support Group

OCT 15 | 2:00 p.m. - 3:00 p.m.
NOV 19 | 1:00 p.m. - 2:30 p.m.
GLHS, St. Marys

Man-To-Man Prostate Support Group

NOV 20 | 7:00 p.m.
GLHS, St. Marys

education

CPR Basic Life Support Classes

NOV 10 | 8:00 a.m. - 12:00 p.m.
NOV 12 | 12:30 p.m. - 4:30 p.m.
GLHS, St. Marys

Breast Cancer Education

OCT 24 | 1:00 p.m.
New Bremen Senior Citizen Center

Glucose Screening

DEC 19 | 11:00 a.m.
New Bremen Senior Citizen Center

Pre-Diabetes Class

OCT 23 | 9:00 a.m. - 11:00 a.m.
OCT 23 | 6:00 p.m. - 8:00 p.m.
NOV 19 | 9:00 a.m. - 11:00 a.m.
NOV 19 | 6:00 p.m. - 8:00 p.m.
GLHS, St. Marys

american red cross blood drive

OCT 15 | 9:00 a.m. - 2:00 p.m.
DEC 19 | 9:00 a.m. - 2:00 p.m.
GLHS, St. Marys
Contact Community Outreach to schedule an appointment, 419-394-6132

speaker engagements

WCSM Radio
GLHS Speaker
Diabetes Education
NOV 12 | 12:30 p.m.

Grand Health Challenge
DEC 10 | 12:30 p.m.

WKKI Radio
GLHS Speaker
Breast Cancer Awareness
OCT 16 | 7:30 a.m.

Diabetes Education
NOV 20 | 7:30 a.m.

Grand Health Challenge
DEC 18 | 7:30 a.m.

SAVE THE DATE FOR OUR

2019

GRAND

health

CHALLENGE

REGISTRATIONS DUE 1/4/2019
WEIGH-INS KICK OFF 1/8/2019





FollowMyHealth[®]
An Allscripts Solution

FollowMyHealth Patient Portal

What is FollowMyHealth?

Grand Lake Health System offers a FREE online tool to manage our patients health care. FollowMyHealth gives secure online access to a patient's electronic medical record. FollowMyHealth allows patients to securely use the internet to help manage and receive information about their health. With the FollowMyHealth Patient Portal, patients can view, print, or send to others their health information all from their computer, tablet, or cell phone.

What can patients do in FollowMyHealth?

- Review their health information online in a safe and secure setting
- Receive email and/or text reminders of upcoming appointments
- View test results
- Request prescription renewals
- Send messages to their providers
- Obtain the ability to get health information of their children, spouse, or other loved one

How do patients sign up for FollowMyHealth?

Patients or parents of children can request to sign up while at one of our Grand Lake Physician Practices or by going to the Medical Records Department at Joint Township District Memorial Hospital. When at the office, a patient gives their email to the staff; they will then get an invite by email within 24 business hours after the visit. The patient will click the link in the email which will take them to the sign up page.

Patients can also fill out the Patient Portal Account Access Form. Parents of children will need to fill out the form to receive proxy access to their child's account. Once the form is filled out the parent will then get a FollowMyHealth portal invite in their email in 24 business hours. The patient will click the link in the email to go to the sign up page. This form can be obtained at the Grand Lake Physician Practice office or in the Medical Records Department at Joint Township Hospital.



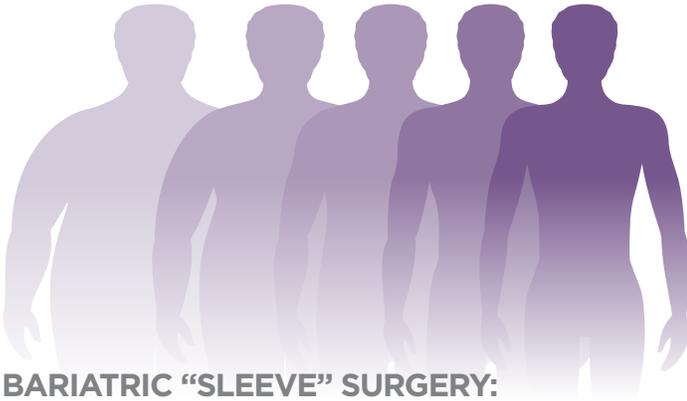
Aimee Wicker, CMA (AAMA),
PCMH CCE

The FollowMyHealth patient portal also gives the patient the ability to give someone proxy access to their account – such as their spouse or loved one. The patient can give read-only access or full access. Full access allows their loved one to do things on the patient's behalf, like making appointments and messaging their providers. To grant proxy access the patient will need to fill out the Patient Portal Access form. Once the form is filled out the proxy will then get a FollowMyHealth portal invite by email in 24 business hours. The proxy will click the link in the email to go to the sign up page.

Managing Your Health on the Go

With FollowMyHealth patients have access anywhere, anytime to their personal health information. Having FollowMyHealth on your cell phone or tablet makes managing your healthcare even easier. Download the free mobile app from the Apple App Store or Google Play Store and stay on top of your health wherever you go.





BARIATRIC “SLEEVE” SURGERY: A New Laparoscopic Approach to Achieving Significant Weight Loss



Grand Lake Health is now offering the Laparoscopic Sleeve Gastrectomy Weight Loss Surgery. This surgery helps patients achieve significant weight loss as well as improve weight-related health conditions. The addition of the Sleeve Gastrectomy procedure provides another local option for those interested in weight loss surgery.

Dr. James Reichert is a board certified General Surgeon specializing in bariatric surgery and the use of minimally invasive surgical procedures to create fast recovery for patients. Dr. Reichert is located in the Celina Medical Center. He performs surgeries at Grand Lake Health System.

The sleeve gastrectomy is a surgical weight loss procedure that reduces the size of the stomach by removing 80%-90% of the stomach from the body. During the gastrectomy, the stomach is stapled resulting in the stomach taking on a shape of a tube or “sleeve” which holds much less food. The operation helps patients feel fuller faster and greatly reduce overeating.

Weight loss surgery is appropriate for those with a Body Mass Index (BMI) of at least 40, or a BMI of 35 or higher with one or more obesity-related health conditions such as diabetes, high blood pressure, or sleep apnea.

Patients must also be willing to make permanent changes to lead a healthier lifestyle. Participation in long-term follow-up plans that include monitoring your nutrition, your lifestyle and behavior, and your medical conditions may be required.

To learn more about this procedure, contact **Dr. Reichert’s** office at **419-586-6480**.

“Stick It” to Chronic Pain and Inflammation with Dry Needling Therapy

Muscle pain and tightness is a common symptom with many injuries. Gone untreated, this pain can progress into knots within the muscle, also known as trigger points. Over time, this can result in chronic pain issues.

Dry Needling is a fairly new method for managing this type of muscle pain. Dry Needling is a procedure that involves inserting acupuncture needles into these trigger points. This will relax the muscle fiber and release tension, pain, pressure, and inflammation. It is a great way to loosen stiff and sore muscles while improving range of motion. This procedure can also give you faster results than other treatment techniques.

Some of the diagnoses that might benefit from dry needling include:

- **Entrapment syndromes**
- **Sprain/strain injuries**
- **Tendonitis**
- **Frozen shoulder**
- **Chronic pain conditions**
- **Tension headaches**

Grand Lake Rehab has specifically trained therapists who perform Dry Needling. At the first visit, a patient will be evaluated by a licensed physical therapist and a personalized plan of care will be developed to meet their individual needs. The treatment for each patient is different and response may be different as well. Most patients will experience soreness a few hours to a few days after a Dry Needling session. This is a normal response. Patients typically report immediate pain relief that can last a few hours to a few weeks.

To learn more about Dry Needling for your pain relief, please call Grand Lake Rehab at 419-394-9514.

Welcome to the GLHS Family



Andrew Klausung is a physician’s assistant with Vanan ENT & Sinus Center. He earned his BS from the University of Findlay and his MPAS from the University of Nebraska. A resident of St. Marys, Andrew has experience in ENT and sinus medicine, orthopedics, urgent care and occupational medicine. He is a member of the Ohio Association of Physician Assistants and the American Academy of Physician Assistants.



Jacqueline S. Shriver is a women’s health nurse practitioner with Grand Lake OB/GYN. She earned her AAS in Nursing Technology from Marion Technical College, and her WHNP certification from Indiana Family Health Services. A resident of St. Marys, Jackie has worked as a registered nurse in obstetrics and gynecology for over 27 years. She is a member of the Ohio Association of Advanced Practice Nurses and a speaker for several continuing education events and health fairs.



Sara Gerlach is a family nurse practitioner at Grand Lake OB/GYN. She earned both her BS and MSN from the University of Cincinnati. A resident of Coldwater, Sara has experience in infant, child and adolescent care, and woman’s health. She also worked as a registered nurse at the JTDMMH Birthing Center for 7 years, and is an adjunct professor in the nursing program at Wright State University Lake Campus.

Pain Clinic Announces Move to Wheatland Professional Building and Addition of Nurse Practitioner

The Pain Clinic moved to a new location on September 10th. The Procedure location will remain the same, at the hospital.

For Clinic appointments, the new address is:



The Wheatland Professional Building
1165 S Knoxville Ave. Suite #105

As you are facing the front entrance of the hospital, this is the building to the left, across Knoxville Avenue. The building has a teal roof.

Our phone number and hours will remain the same.
Our fax line will be 419-394-9598 effective Sept. 14th.

We have also added a Nurse Practitioner, Stacia Springer, to the practice.

Stacia is working with Dr. Buonocore and sees patients for follow up visits in the clinic.

New Council Aims to Lend Patient and Family Perspective to Hospital Programs and Services

Grand Lake Health System is taking another step in partnering with our patients and families by developing a Patient and Family Advisory Council (PFAC). We are currently accepting applications from any previous patient and/or family member of a patient. Members of this council will help shape hospital services, programs and initiatives by providing the patient and family perspective. Please contact the Patient Experience Coordinator at 419-394-3387 ext 2102 to apply for this council.



Heather Jurosic
Healthcare Coordinator /
Transitional Care Management

Post-Discharge Support Encourages Smooth Transition for JTDMH Patients

What is the Transitional Care Management (TCM) Program?

The Transitional Care Management (TCM) Program is an exciting new follow-up call program offered by Joint Township District Memorial Hospital. This program helps our patients after discharge and communicates with the doctor to provide ongoing help and support.

Being in the hospital is stressful. A patient receives all kinds of papers on medications, disease process and follow-up information. This can be extremely challenging for all patients. The Transitional Care Program is here to help ease this stress.

Patient safety is at the forefront of this program. This program helps the patient understand what they need to do and how they need to do it. The TCM nurse will help ensure a smooth transition from the hospital, to home and to their family doctor.

How does the Transitional Care Management (TCM) Program work?

A highly skilled nurse partner's with the hospital team and reviews the patient's history and hospital stay. She understands the patient's plan of care. The nurse calls the patient within 2 business days after discharge. The patient will have access to this nurse for 30 days after discharge to answer any questions that might come up. The nurse helps the patient understand all of the information given during the hospital stay. The nurse reviews the discharge instructions with the patient so there are no doubts or questions. Medication safety is a priority; the nurse will review all of the medications with the patient or caregiver. The goal is for the patient to understand the purpose and importance of each medication.

The Transitional Care Management Program was set up to help coordinate follow up appointments, lab work, and any procedures to best help patients transition to home. This Program can also help with equipment or supplies that may be beneficial to the patient's needs. Once a patient gets back into their home, they may find that they need more help than they realized. The Transitional Care Management Program can help coordinate further services such as home health. This nurse is an extension of both the hospital and the primary care provider.

It is our mission at JTDMH to optimize the health status of the people we serve and provide the highest quality, value and service. We are here to assist the patient to achieve positive outcomes. This means, if the patient has questions or concerns, they have someone to call for support and guidance.

For further information on the TCM program at Joint Township Hospital, please contact Heather Jurosic, RN, Health Care Coordinator at 419-394-1342.

Health Fair

FALL

SATURDAY, NOVEMBER 3, 2018 • 8-11 A.M.

Auglaize Mercer Family YMCA | 04075 Wuebker Road, Minster

**FREE Chair Mini-massages • Reflexology •
Continental Breakfast**

FREE Health Screenings

Osteoporosis, Derascan, Body Fat Analysis,
Blood Pressure, Foot, Hearing, Colorectal
Cancer Test Kits, Diabetic Neuropathy,
Peripheral Circulatory, Spinal Screenings/
Posture Checks

FREE Information About

Medical Imaging, Grand Lake Vein Center,
Grand Lake Sleep Center, Grand Lake Home
Health, Grand Lake Hospice, Grand Lake
Wound Center, New Day Pain Management
Center, Advance Directives, Asthma Education,
Organ Donations (Life Connections of Ohio)

Diabetic Information & Screening

Nutrition/Carbohydrate Counting, Different
Glucometers, Diabetes Medication/Insulin, Insulin
Pump, Free Glucose Screening

Drug Take-Back Program

Co-sponsored by Auglaize County Sheriff's
Office and Grand Lake Health System

For Children

Help Me Grow - Auglaize County, Face Painting

Cardiac Risk Assessment

\$20 Lipid Profile Blood Draw
(12 hr. fast required)

\$25 C-Reactive Protein-
High Sensitivity

General Assessment

\$10 CBC (Complete
Blood Count)

\$10 Iron
Screening

\$35 Vitamin D
Screening

\$40 Thyroid
Screening

\$25 Hemoglobin A1C
(Diabetes Screening)

\$25 Comprehensive
Chemistry Panel
(includes glucose -
8 hr. fast required)

Cancer Marker

\$35 PSA Screening
(Prostate Specific
Antigen)

For more information contact Jenni Miller Joint Township District Memorial Hospital, at **419-394-6132**



NEW JTD HOSPITAL FOUNDATION BOARD DIRECTOR

The JTD Hospital Foundation recently elected Bruce Swonger to the Board of Directors. Bruce was born and raised in Celina. He attended the University of South Carolina and was the CEO and Owner of Metropolitan Environmental Inc. Bruce is an independent philanthropist.



Bruce visualized and completed the Mercer County House of Hope - Women's and Men's and Brianna's Hope, a long term recovery program. Bruce resides in Celina with his wife Kim. Bruce is an Advisor to the Board of Directors Mercer County House of Hope and Lay Pastor at St. Paul's UMC in Celina. In the past he has served on the Board of Directors for the National Solid Waste Management Association and was the Past Chairman of the Chemical Waste Institute.

Linda Haines, Executive Director of the JTD Hospital Foundation, states "We welcome Bruce to this new role, and he has already been active in this new position with the Foundation. He understands why community support is essential to the future of Joint Township District Memorial Hospital and the Grand Lake Health System."

Haines continues, "We are grateful for the strong and talented group of individuals who serve on the Foundation Board and who represent the area communities we serve. Their mission, to help raise funds for the hospital to help support the care of our patients at JTDH, is vital to assuring that we all have quality health care close to home."

CAMPAIGN FOR CLARITY

MAKING A CLEAR DIFFERENCE IN CANCER DETECTION

Please join the JTD Hospital Foundation's efforts to expand to 3-D Mammography at Joint Township District Memorial Hospital. We are committed to matching our compassionate care for women with state-of-the-art mammogram technology in the Women's Imaging Center.

For the past eleven years, we have been able to do this through 2D Mammography where images are taken in two dimensions from the top and side of the breast. As technology has improved, the gold standard is quickly becoming 3D Mammography. This advanced technology improves every woman's chance for earlier detection and treatment of breast cancer and the opportunity to live a full, healthy life.

"3D MAMMOGRAPHY IS BECOMING THE STANDARD OF CARE IN MAMMOGRAPHY SERVICES."

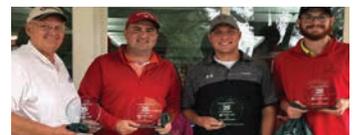
- DEB MCKEE, CNO

How YOU Can Help? You can play an integral role in bringing excellence in technology that will lead to earlier detection of breast cancer. YOU can help save lives! Breast cancer may affect your wife, daughter, mother, sister, friend, coworker, or neighbor... any woman. Women who benefit from early detection will be both appreciative and grateful for the way you care about women's health through your generosity.

CAN WE COUNT ON YOUR GIFT?

For more information or to discuss your gift, please contact the JTD Hospital Foundation at 419, 394-3387, Ext. 3574 or go to grandlakehealth.org and click on Give a Gift.

TOURNAMENT CHAMPIONS - TEAM WISSMAN; COED CHAMPIONS - FIRST FINANCIAL; WOMEN'S CHAMPIONS - WCORHA.



JTD HOSPITAL FOUNDATION

26th Annual Golf Classic Nets More Than \$48,000 to Benefit Patient Care

On September 7, 2018 the JTD Hospital Foundation held its Annual Golf Classic at Arrowhead Golf Club in Minster. The Golf Ball Drop 50/50 split of \$1,755 was won by Adam Kremer.

The Foundation would like to sincerely thank the following sponsors:

SILVER Sponsors (\$2,500) Columbus Radiology, Emergency Physicians of Northwest Ohio and Vancrest & Pharmacy Solutions; **TOURNAMENT Sponsors (\$1,500)** Leugers & Associates, Alta Partners, Crothall, and Garmann-Miller Architects-Engineers; **CHAMPIONSHIP Sponsors (\$1,000)** Bricker & Eckler, Edith Wissman, First Financial Bank, G.A. Wintzer & Son Company, Gallagher Contracting, HCF -Briarwood Village & Celina Manor, Healogics, Innovative Office Solutions, Keybridge Medical Revenue Care, Northwest Group Services, Perry PROTECH, Precision Strip, RB Advertising, St. Marys Foundry, Inc., Superior Credit Union, Telephone Service Company-TSC, and Waibel Energy Systems ; **ACE Sponsors (\$500)** AAP St. Marys Corp., Alexander & Bebout, Inc., Area Energy & Electric, Continental, Delta Dental, Falcon Financial Services, Kevin Harlan, H.A. Dorsten, Inc., Hafenbrack Marketing Consulting, K.W. Painting and Wallcovering, LLC, Miller Funeral Home, Miller's Textile Services; **EAGLE Sponsors (\$250)** Associates in Medical Imaging, Auglaize Mercer YMCA, Diesel Filtration Specialists, LLC, Edward Jones -Travis Elsass, Minster Bank, Minster Service Club, Noble, Montague & Moul, R.J. Burke Insurance, Schwieterman Pharmacies, SecurCom, Inc, Stand Energy, Visionmark Nameplate Co., LLC, WAT Consulting, Weigandt Development; **BIRDIE Sponsors (\$150)** Alan Davis Insurance, Albert Freytag, Inc., Allied Environmental Services, Celina Moving & Storage, Cotterman & Company, Inc., Davis Welding, First National Bank, Fowler's TV, Klosterman Concrete & Construction, McKirnan Brothers, Megacity Fire & Security, Modern Entrance Systems, Inc., Moran Refrigeration, New Bremen Marathon, OMNI Manufacturing, Osgood Bank, Pain Management Group, R.F. Woehrmeyer Concrete, Second National Bank, The Peoples Bank Co., Wabash Mutual Telephone, Wagner's IGA, WCORHA, & Wm. H. Meyer Agency.

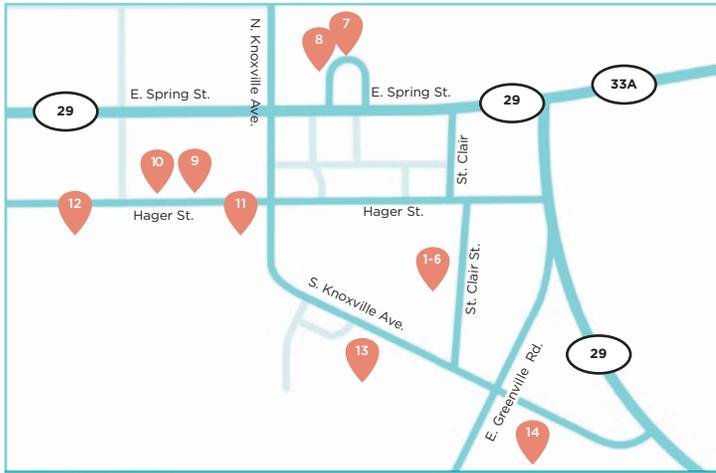
Hole in One Sponsor, St. Marys Chrysler; Team Award Sponsor, VISIONS; Golf Ball Drop Sponsor, Schmiesing Tree Service; and Golf Ball Drop Ticket Sponsor, Doll Printing; Prize and Auction Sponsors, Arrowhead Golf Club, Lana Hinders, Villa Nova and the Celina Wine Store, Subway, Leugers Insurance, Minster Bank, JTDH Gift Shop, RB Advertising, Tina Lickteig, Buffalo Wild Wings and JT's Brew & Grill.

JTD Hospital Foundation is the fundraising arm of Joint Township Hospital. Proceeds from this event are used to help support Joint Township District Memorial Hospital's efforts to meet the health care needs of our communities.

SAVE THE DATE

For the 11th Annual Gala, Fly Me to the Moon. April 27, 2019, To benefit Grand Lake Hospice





ST. MARYS

1 JOINT TOWNSHIP DISTRICT MEMORIAL HOSPITAL™

200 St. Clair Street
St. Marys, Ohio 45885-2400
Phone: 419.394.3335
Toll Free: 1.877.564.6897

2 GRAND LAKE OCCUPATIONAL MEDICINE™

200 St. Clair Street
St. Marys, Ohio 45885
Phone: 419.394.3335
• Juan Torres, MD

3 URGENT CARE AT JTDMH

200 St. Clair Street
St. Marys, Ohio 45885-2400
Phone: 419.394.3335

4 GRAND LAKE NEUROLOGICAL CENTER™

200 St. Clair Street
St. Marys, Ohio 45885
Phone: 419.394.9522
• Natasha Alexander, DO
• Peter Maceroni, DO

5 WOUND CARE CENTER™

200 St. Clair Street
St. Marys, Ohio 45885
Phone: 419.394.9512

6 CLEAR PASSAGE GERIATRIC PSYCHIATRIC CENTER

200 St. Clair Street
St. Marys, Ohio 45885
Phone: 419.394.9505

7 GRAND LAKE HOME HEALTH™

1122 East Spring Street
St. Marys, Ohio 45885
Phone: 419.394.7434
Toll Free: 1.800.543.5115

8 GRAND LAKE HOSPICE™

1122 East Spring Street
St. Marys, Ohio 45885
Phone: 419.394.7434
Toll Free: 1.800.543.5115
After Hours: 419.394.3335

9 GRAND LAKE PRIMARY CARE AT ST. MARYS™

1040 Hager Street
St. Marys, Ohio 45885
Phone: 419.394.9959
• Michael Josey, MD
• Dawn McNaughton, MD
• Ashley Meyer, APRN-CNP
• Nicole Link, APRN-CNP

10 GRAND LAKE PEDIATRICS

Grand Lake Pediatrics Center
1010 Hager Street
St. Marys, Ohio 45885
Phone: 419.394.9579
• Efren Aganon, MD
• Thomas Zegarski, MD
• Julie DeVine, APRN-CNP
• Julie Westgerdes, APRN-CNP

11 GRAND LAKE OB/GYN™

1067 Hager Street
St. Marys, Ohio 45885
Phone: 419.394.7314
• Mitchell Nutt, MD
• Polly Train, MD
• Sara Gerlach, APRN-CNP
• Bridget Heckler, APRN-CNP
• Jackie Shriver, APRN-CNP
• Kelly Wilkinson, APRN-CNP

12 GRAND LAKE SLEEP CENTER™

975 Hager Street
St. Marys, Ohio 45885
Phone: 419.394.9992
• Sarat Kuchipudi, MD

13 NEW DAY PAIN MANAGEMENT CENTER™

1165 Knoxville Avenue,
Suite 105
St. Marys, Ohio 45885
Phone: 419.394.9520
• John Buonocore, DO
• Stacia Springer, APRN-CNP

14 GRAND LAKE REHAB SERVICES™ (OUTPATIENT)

1275 Greenville Road
St. Marys, Ohio 45885
Phone: 419.394.9514



CELINA

All are located in:
CELINA MEDICAL CENTER
801 Pro Drive
Celina, Ohio 45822

15 GRAND LAKE FAMILY PRACTICE & PEDIATRICS™

Phone: 419.586.6489
• Leanne Kline, MD
• Peter White, MD

16 AUGLAIZE + MERCER GENERAL & BARIATRIC SURGERY

Phone: 419.586.6480
• James Reichert, DO
• Brooke Lange, PA-C
• Lindsey Moeller, APRN-CNP

17 VANAN ENT & SINUS CENTER™

Phone: 419.586.6480
• Suri Vanan, MD
• Christy Kretzer, APRN-CNP
• Andrew Klausung, PA-C

18 GRAND LAKE OB/GYN™

Phone: 419.394.7314
• Mitchell Nutt, MD
• Polly Train, MD
• Sara Gerlach, APRN-CNP
• Bridget Heckler, APRN-CNP
• Jackie Shriver, APRN-CNP
• Kelly Wilkinson, APRN-CNP

19 GRAND LAKE PEDIATRICS

Phone: 419.394.9579
• Julie Westgerdes, APRN-CNP

20 KEMMLER ORTHOPAEDIC CENTER

123 Hamilton St.,
Celina, Oh 45822
Phone 419.586.5760

140 Fox Road, Suite 209,
Van Wert, OH 45891
Phone 419.586.5760
• James Kemmler, MD
• Jed Kohne, PA-C

MOR REHAB

Phone 419.586.9300

CIAO! MED SPA

Phone 419.586.2426

AUGLAIZE + MERCER UROLOGY

950 S. Main St. Ste 10
Celina, Oh 45822
Phone 419.586.6899
• Scott Cohen, MD
• William Mulholland, APRN-CNP



MINSTER

All are located in:
MIAMI & ERIE MEDICAL CENTER
04463 State Route 66
Minster, Ohio 45865

21 MIAMI & ERIE FAMILY PRACTICE & PEDIATRICS

Phone: 419.628.3821
• James Luedeke, MD
• Sarah Werner, DO
• Shelden Wical, DO
• Sara Hess, APRN-CNP

22 NEW DAY PAIN MANAGEMENT CENTER

Phone: 419.394.9520
• John Buonocore, DO
• Stacia Springer, APRN-CNP

23 GRAND LAKE OCCUPATIONAL MEDICINE

Phone: 419.394.3335
• Juan Torres, MD

24 GRAND LAKE OB/GYN™

Phone: 419.394.7314
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• Bridget Heckler, APRN-CNP
• Jackie Shriver, APRN-CNP
• Kelly Wilkinson, APRN-CNP

25 GRAND LAKE PEDIATRICS

Phone: 419.394.9579
• Efren Aganon, MD
• Julie DeVine, APRN-CNP



WAPAKONETA

All located in:
WAPAKONETA MEDICAL CENTER

812 Redskin Trail
Wapakoneta, Ohio 45895

26 WAPAKONETA PRIMARY CARE™

Phone: 419.738.4445
• V.K. Chalasani, MD

27 GRAND LAKE PEDIATRICS

Phone: 419.394.9579
• Thomas Zegarski, MD