

# HOURS OF SERVICE

## REHABILITATION SERVICES

Monday – Thursday: 7:00 am to 6:00 pm

Friday: 7:00 am to 4:00 pm

## WELLNESS SERVICES

Monday – Thursday: 6:00 am to 6:30 pm

Friday: 6:00 am to 5:00 pm

Saturday: 6:00 am to 11:00 am

During business hours patient evaluations and treatments are performed in both the Rehabilitation and Wellness areas. Patients may call or walk in to schedule appointments during these hours as well.

## Full Membership\*

Includes use of walking track and reduced charges for extra services offered

- 1 Month Single: \$35.00
- 1 Year Single: \$350.00
- 1 Month 1 + 1: \$45.00
- 1 Year 1 + 1: \$450.00
- 8 Visit Pass: \$32.00

## Walking Track Only

- 1 Month: \$15.00
- 1 Year: \$150.00

\*New clients must have a physician referral or complete a pre-participation questionnaire and will need education on the equipment, by appointment. Initial evaluation is \$50.00.

## Our Mission

To optimize the health status of those we serve by providing the highest quality, value and service while remaining financially strong.



*Rehab/Wellness Entrance*



1065 Hager Street  
St. Marys, OH 45885



Rehabilitation Services: 419-394-9514  
Wellness Services: 419-394-6580

## Rehabilitation Services

Rehab Services is composed of Physical, Occupational, and Speech Therapy. We are dedicated to evaluating and treating patients with musculoskeletal, neurological, and developmental problems. Each patient is evaluated by a licensed therapist, and receives an individualized treatment plan. Home exercises are also developed and issued to patients to accelerate the healing process.



## Wellness Services

The Wellness Program is staffed with a multidisciplinary team of Clinical Exercise Physiologists, RNs, and Exercise Specialists. We are dedicated to providing programs that will assist individuals in maintaining an active life style. Each client will be evaluated and started on an individual exercise program that will aid in prevention and management of chronic diseases. To promote lifelong mobility, specialized group and individual instruction/classes will be offered to enhance flexibility, balance, and strength.

