

Life Saving Vascular Screenings

Vascular disease is one of the leading causes of disability and death in the United States - however, often there are no symptoms until it is too late.

Vascular Screenings Offered for Early Detection of Risk for Stroke and Cardiovascular Disease:

1. Carotid Artery - This is a painless ultrasound test to visualize the buildup of fatty blockage in the carotid artery. This test helps identify the risk of stroke. **\$20**
2. Abdominal Aorta - This is a painless ultrasound test to detect abdominal aneurysms that could rupture and be fatal. The majority of people who have an aneurysm have no symptoms. **\$20**
3. Peripheral Artery Disease - This is a painless measurement of circulation to your legs to detect peripheral arterial disease. Abnormal results indicate high risk of coronary artery disease, peripheral artery disease, heart attack or stroke. **\$20**
4. Vascular Package - Carotid Artery, Abdominal Aorta and Peripheral Artery. **\$50**

Screening FAQs:

Q: Do I need to make an appointment?

A: Yes, in order to better serve you, please call 419-394-9599 and ask for central scheduling to make your screening appointment.

Q: Should I take my medicine before?

A: Yes, take any prescribed medications that you normally take.

Q: Can I eat before these screenings?

A: Do not eat 4 hours prior to your appointment. If additional testing is required by your physician, you may be asked to follow different guidelines.

Q: What should I wear for the screening?

A: Please wear loose fitting clothes and no pantyhose, so that the technologist has easy access to your neck, stomach and lower legs.

Appointments are offered 5 days a week at Grand Lake Health System. To schedule or learn more, call **419-394-9599**.

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grandlakehealth.org

